

Swimming Team Zennevallei
PK Lange Afstand 2023

Meise (BEL) 29/10/-1/11/2023

Uitslag overzicht

Korte baan (25m)

Achternaam, Voornaam	Gbjr	Afstand/zwemslag	Pl.	Tijd	RorVersch.	Afstand/zwemslag	Pl.	Tijd	RorVersch.
Abouazar Pieter	11	: 1500 vrije slag	17	24:17.47	PR.				
Aelen Lin	10	: 800 vrije slag	32	12:31.45	PR.				
Bas Briek	10	: 1500 vrije slag	26	21:33.20	110% PR.				
De Haes Tibo	10	: 1500 vrije slag	34	22:42.18	112% PR.				
Haenen Colin	11	: 1500 vrije slag	15	23:19.62	PR.				
Hallet Brent	11	: 1500 vrije slag	3	21:13.69	PR.				
Vekeman Kwinte	10	: 1500 vrije slag	36	23:55.04	PR.				

Totaal 7 persoonlijke uitslag, Gemiddelde prestatie: 103,1%
0 nieuw(e) record(s), 7 nieuw(e) persoonlijke record(s)
Grootste verbetering: De Haes Tibo, 1500 vrije slag 22:42.18

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

1 - zondag 29 oktober 2023

29/10/2023 - 9:00

Programmanr. 1
29/10/2023 - 9:00

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inscr.	Tijd	Pnt
11 - 12 jaar			
1.	Vanderlinden Paulien 100m: 1:21.21 200m: 2:47.66 400m: 5:37.48 800m: 10:59.36	BEST/21117/11 12:02.23	10:59.36 384
2.	Decaluwé Helena 100m: 1:18.65 200m: 2:44.40 400m: 5:33.78 800m: 11:10.72	ZCT/21130/11 11:43.38	11:10.72 365
3.	Desmet Sterre 100m: 1:18.45 200m: 2:43.53 400m: 5:35.93 800m: 11:11.25	KLSVZ/21102/11 12:22.18	11:11.25 364
4.	Kerckhofs Nienke 100m: 1:21.45 200m: 2:48.55 400m: 5:43.65 800m: 11:23.65	BEST/21116/11 12:23.79	11:23.65 344
5.	Maes Julie 100m: 1:21.33 200m: 2:49.29 400m: 5:47.44 800m: 11:37.16	TRUST/21192/11 12:00.00	11:37.16 325
6.	Touquet Eline 100m: 1:21.08 200m: 2:47.32 400m: 5:41.94 800m: 11:38.15	SCWR/21061/11 11:18.20	11:38.15 323
7.	Nsubuga Sofia 100m: 1:21.00 200m: 2:49.72 400m: 5:50.16 800m: 11:38.37	ALZV/21133/11 12:18.29	11:38.37 323
8.	De Vocht Linne 100m: 1:23.35 200m: 2:53.66 400m: 5:55.18 800m: 11:49.56	ZCT/21144/12 12:57.46	11:49.56 308
9.	Verherstraeten Lore 100m: 1:24.71 200m: 2:55.89 400m: 6:01.00 800m: 11:53.89	DIZV/21108/11 14:26.00	11:53.89 302
10.	Ginkels Febe 100m: 1:26.55 200m: 2:58.90 400m: 6:04.69 800m: 12:06.22	LAQUA/21494/11 12:30.00	12:06.22 287
11.	Minten Paulien 100m: 1:30.97 200m: 3:05.36 400m: 6:14.91 800m: 12:20.29	KLSVZ/21119/11 14:00.00	12:20.29 271
12.	De Weerdts Renée 100m: 1:29.66 200m: 3:04.00 400m: 6:14.45 800m: 12:20.64	ZCT/21141/12 13:05.82	12:20.64 271
13.	Uytterhoeven Fiebe 100m: 1:27.38 200m: 3:02.95 400m: 6:13.73 800m: 12:22.62	ZCT/21143/12 13:11.45	12:22.62 268
14.	Van Sintejan Manon 100m: 1:30.85 200m: 3:04.52 400m: 6:13.19 800m: 12:28.92	SCWR/21058/11 12:53.61	12:28.92 262
15.	Silverans Mila 100m: 1:28.83 200m: 3:03.34 400m: 6:14.96 800m: 12:32.42	KAZS/21116/11 12:00.00	12:32.42 258
16.	Roosen Tess 100m: 1:28.41 200m: 3:00.74 400m: 6:13.88 800m: 12:43.25	KLSVZ/21116/11 13:32.97	12:43.25 247
17.	Piscaer Stanse 100m: 1:30.58 200m: 3:06.86 400m: 6:23.00 800m: 12:47.00	ZCT/21152/12 12:45.00	12:47.00 244
18.	Soares Almeida Lisa 100m: 1:33.10 200m: 3:10.42 400m: 6:25.27 800m: 12:48.49	LAQUA/21488/11 12:40.00	12:48.49 242
19.	Manickx Amelia 100m: 1:26.95 200m: 3:03.07 400m: 6:20.09 800m: 12:51.74	DIZV/21113/11 16:00.00	12:51.74 239
20.	Claeys Lotte 100m: 1:30.91 200m: 3:11.45 400m: 6:35.37 800m: 13:08.08	BEST/21144/11 14:20.00	13:08.08 225
21.	Boxho Valentine 100m: 1:33.65 200m: 3:13.67 400m: 6:37.00 800m: 13:08.36	ZORO/21168/11 13:30.00	13:08.36 224

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang		Inscr.	Tijd	Pnt
22.	Gevers Leonie 100m: 1:33.47 200m: 3:13.92 400m: 6:36.75 800m: 13:09.10	BEST/21126/11 14:06.91	13:09.10	224
23.	Vanlaere Anna 100m: 1:34.92 200m: 3:14.52 400m: 6:36.38 800m: 13:11.77	KLSVZ/21095/11 14:00.00	13:11.77	221
24.	De Prater Juno 100m: 1:30.10 200m: 3:12.75 400m: 6:37.08 800m: 13:16.75	DDAT/21148/11 13:00.00	13:16.75	217
25.	De Wilde Lore 100m: 1:30.24 200m: 3:12.49 400m: 6:35.41 800m: 13:20.22	DIZV/21127/11 16:03.01	13:20.22	214
26.	Vervloet Lin 100m: 1:37.61 200m: 3:19.53 400m: 6:41.81 800m: 13:21.53	ZCT/21155/12 13:15.00	13:21.53	213
27.	Van Hoomissen Chelsea 100m: 1:30.55 200m: 3:12.60 400m: 6:39.26 800m: 13:28.41	ZCK/22112/12 14:20.00	13:28.41	208
28.	Petkova Dalia 100m: 1:35.51 200m: 3:19.21 400m: 6:45.51 800m: 13:40.15	SCZ/21080/11 13:24.18	13:40.15	199
29.	Reyniers Fien 100m: 1:36.18 200m: 3:12.17 400m: 6:39.14 800m: 14:02.00	ZCK/22114/11 15:00.00	14:02.00	184
30.	Moschonas Danaé 100m: 1:37.85 200m: 3:25.01 400m: 7:01.23 800m: 14:11.56	DIZV/21141/12 16:00.00	14:11.56	178
31.	De Sitter Kira 100m: 1:42.26 200m: 3:37.12 400m: 7:25.44 800m: 14:43.87	ZCK/22115/12 15:15.00	14:43.87	159
dis	Heremans Ditte <i>SW 10.8 - Zwemmer hinderen door over de baan te zwemmen en/of onsportief gedrag</i>	dis:ZIOS/21112/11 15:06.00		
FF	Vandeweyers Daphne	FFZCT/21135/11 12:32.21		

13 - 14 jaar

1.	Veldhuis Victoria 100m: 1:11.00 200m: 2:25.58 400m: 4:55.58 800m: 9:52.96	ZCT/21096/09 10:05.25	9:52.96	528
2.	Dalemans Lyn 100m: 1:10.01 200m: 2:25.73 400m: 4:57.94 800m: 9:55.90	ZCK/22065/09 10:10.00	9:55.90	520
3.	Adelmann Clara Cenxi 100m: 1:14.57 200m: 2:33.34 400m: 5:06.84 800m: 9:59.53	LAQUA/21382/11 10:43.11	9:59.53	511
4.	De Backer Birgit 100m: 1:10.96 200m: 2:24.77 400m: 4:55.66 800m: 9:59.82	ZIOS/21066/09 9:59.00	9:59.82	510
5.	Deconynck Sterre 100m: 1:12.55 200m: 2:27.72 400m: 5:00.19 800m: 10:06.72	TRUST/21166/09 10:05.37	10:06.72	493
6.	Verspecht Lizanne 100m: 1:09.56 200m: 2:23.98 400m: 4:54.19 800m: 10:07.04	ZCK/22096/09 10:23.12	10:07.04	492
7.	Geens Amélie 100m: 1:11.66 200m: 2:28.36 400m: 5:02.76 800m: 10:11.26	ZCK/22094/09 10:30.00	10:11.26	482
8.	Meyer Thyrví 100m: 1:13.92 200m: 2:31.15 400m: 5:05.75 800m: 10:14.96	KAZS/21181/09 10:22.30	10:14.96	473
9.	Vedernikova Vera 100m: 1:13.19 200m: 2:31.80 400m: 5:11.55 800m: 10:27.47	SCWR/21054/10 10:13.21	10:27.47	445
10.	Bohmer Janne 100m: 1:16.90 200m: 3:36.94 400m: 5:18.01 800m: 10:34.30	ZCT/21108/10 10:18.35	10:34.30	431
11.	Barragan Nena 100m: 1:15.95 200m: 2:35.38 400m: 5:15.79 800m: 10:34.60	DDAT/21123/10 10:32.00	10:34.60	430
12.	Gypen Kaat 100m: 1:14.48 200m: 2:34.64 400m: 5:17.27 800m: 10:44.22	ZCT/21100/09 10:32.05	10:44.22	411

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Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang					Inshr.	Tijd	Pnt
13.	Kint Ruhne				ALZV/21119/09 10:57.13	10:48.00	404
	100m: 1:14.33	200m: 2:35.20	400m: 5:17.32	800m: 10:48.00			
14.	Verelst Laura				ZCT/21114/10 10:55.57	10:48.90	403
	100m: 1:17.65	200m: 2:39.22	400m: 5:23.97	800m: 10:48.90			
15.	Uytterhoeven Flo				ZCT/21107/10 10:43.42	10:50.59	399
	100m: 1:16.44	200m: 2:37.01	400m: 5:20.60	800m: 10:50.59			
16.	Medland Lorelien				LAQUA/21388/11 11:00.00	10:51.36	398
	100m: 1:17.77	200m: 2:41.03	400m: 5:25.75	800m: 10:51.36			
17.	Thijs Maaike				ZCT/21132/10 11:06.46	10:53.82	394
	100m: 1:17.28	200m: 2:40.07	400m: 5:28.25	800m: 10:53.82			
18.	Touquet Laura				SCWR/21038/05 11:17.08	10:55.87	390
	100m: 1:16.16	200m: 2:38.16	400m: 5:23.31	800m: 10:55.87			
19.	Van Roy Yana				ALZV/21085/09 11:37.64	11:13.25	360
	100m: 1:19.75	200m: 2:44.47	400m: 5:34.90	800m: 11:13.25			
20.	Louckx Célie				SCWR/21053/10 10:57.19	11:15.66	357
	100m: 1:17.97	200m: 2:41.84	400m: 5:30.28	800m: 11:15.66			
21.	Wouters Stien				ZCT/21106/10 11:21.36	11:17.85	353
	100m: 1:19.88	200m: 2:43.65	400m: 5:35.04	800m: 11:17.85			
22.	Jacobs Roxanne				ZCK/22103/10 13:53.82	11:40.12	320
	100m: 1:23.69	200m: 2:52.97	400m: 5:53.08	800m: 11:40.12			
23.	Chafwehe Vanina				KLSVZ/21135/10 11:48.88	11:42.21	318
	100m: 1:23.11	200m: 2:53.81	400m: 5:54.03	800m: 11:42.21			
24.	Valvekens Lily				BEST/21128/09 13:12.76	11:43.49	316
	100m: 1:22.33	200m: 2:51.54	400m: 5:51.70	800m: 11:43.49			
25.	De Cat Do				KAZS/21134/10 11:57.28	11:50.26	307
	100m: 1:20.64	200m: 2:48.43	400m: 5:48.10	800m: 11:50.26			
26.	Van Boxstael Nora				KLSVZ/21072/10 13:10.59	11:56.05	299
	100m: 1:26.13	200m: 2:55.98	400m: 5:57.28	800m: 11:56.05			
27.	Alloing Myrthe				KLSVZ/21063/05 11:45.38	11:58.93	296
	100m: 1:25.45	200m: 2:57.52	400m: 6:00.18	800m: 11:58.93			
28.	Boxho Alice				ZORO/21167/09 12:15.00	12:13.63	278
	100m: 1:23.42	200m: 2:54.95	400m: 6:00.67	800m: 12:13.63			
29.	Dyrnes Nora				SCZ/21105/10 13:15.61	12:25.69	265
	100m: 1:26.66	200m: 3:00.09	400m: 6:10.87	800m: 12:25.69			
30.	Fernandez Pedrera Tarik Laila				KLSVZ/21132/10 14:00.00	12:27.28	263
	100m: 1:31.03	200m: 3:05.25	400m: 6:16.28	800m: 12:27.28			
31.	Amadou Camille				KLSVZ/21092/10 13:21.83	12:29.35	261
	100m: 1:31.03	200m: 3:06.70	400m: 6:19.60	800m: 12:29.35			
32.	Aelen Lin				STZ/21126/10 11:30.00	12:31.45	259
	100m: 1:28.15	200m: 3:01.87	400m: 6:09.45	800m: 12:31.45			
33.	Van Camberg Elena				DDAT/21119/10 12:48.00	12:36.72	254
	100m: 1:26.72	200m: 3:03.15	400m: 6:17.37	800m: 12:36.72			
34.	Van Belle Manon				DDAT/21124/09 12:30.00	13:12.69	221
	100m: 1:29.25	200m: 3:06.35	400m: 6:26.93	800m: 13:12.69			
35.	Bombaert Milla				ZIOS/21105/10 14:09.00	13:32.66	205
	100m: 1:33.45	200m: 3:15.94	400m: 6:43.93	800m: 13:32.66			
36.	Fernandez Pedrera Tarik Maissa				KLSVZ/21133/05 14:00.00	13:43.66	197
	100m: 1:40.88	200m: 3:26.41	400m: 6:56.33	800m: 13:43.66			

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang		Inscr.	Tijd	Pnt
37.	Veuchelen Alexia	KLSVZ/21073/0	13:43.19	13:45.10 196
	100m: 1:37.69 200m: 3:24.66 400m: 6:56.82 800m: 13:45.10			
38.	Muylaert Yaelle	ZIOS/21111/09	15:10.00	15:15.53 143
	100m: 1:39.25 200m: 3:33.53 400m: 7:29.03 800m: 15:15.53			
FF	Laenen Febe	FFKLSVZ/21078/1	11:42.04	

15 - 16 jaar

1.	Vedernikova Marina	SCWR/21044/08	9:29.30	9:39.66 565
	100m: 1:08.32 200m: 2:22.28 400m: 4:50.40 800m: 9:39.66			
2.	Vanderbruggen Luca	KLSVZ/21039/07	9:52.02	9:44.31 552
	100m: 1:09.75 200m: 2:23.46 400m: 4:51.56 800m: 9:44.31			
3.	De Weerd Amélie	ZCT/21054/07	9:51.95	9:50.39 535
	100m: 1:11.50 200m: 2:25.53 400m: 4:54.68 800m: 9:50.39			
4.	Budnak Carolina	SCWR/21042/08	9:54.58	10:03.48 501
	100m: 1:11.03 200m: 2:26.48 400m: 4:58.97 800m: 10:03.48			
5.	Put Amélie	KAZS/21128/07	10:11.92	10:11.19 482
	100m: 1:11.69 200m: 2:28.26 400m: 5:03.26 800m: 10:11.19			
6.	Clerbout Fillo	ZCK/22052/08	10:30.00	10:14.43 474
	100m: 1:11.25 200m: 2:27.93 400m: 5:09.50 800m: 10:14.43			
7.	De Baerdemaeker Paulien	LAQUA/21299/0	10:25.28	10:15.14 473
	100m: 1:14.38 200m: 2:31.92 400m: 5:07.05 800m: 10:15.14			
8.	Simons Xante	KLSVZ/21060/0	10:36.09	10:17.16 468
	100m: 1:13.02 200m: 2:30.73 400m: 5:06.72 800m: 10:17.16			
9.	Geeroms Lien	SCZ/21015/07	9:58.04	10:23.64 454
	100m: 1:10.86 200m: 2:26.45 400m: 5:04.80 800m: 10:23.64			
10.	Deldicque Aiko	ZORO/21098/08	10:23.49	10:25.77 449
	100m: 1:15.63 200m: 2:36.59 400m: 5:16.40 800m: 10:25.77			
11.	Vanlaere Lena	KLSVZ/21053/0	11:00.30	10:28.74 443
	100m: 1:15.82 200m: 2:35.81 400m: 5:16.68 800m: 10:28.74			
12.	van der Poel Lara	SCZ/21051/08	10:54.91	10:37.70 424
	100m: 1:13.34 200m: 2:31.88 400m: 5:10.98 800m: 10:37.70			
13.	Dewyn Chloé	KAZS/21165/07	10:36.00	10:46.41 407
	100m: 1:15.34 200m: 2:36.85 400m: 5:20.91 800m: 10:46.41			
14.	Roosen Anouk	KLSVZ/21075/0	11:00.03	10:50.86 399
	100m: 1:15.25 200m: 2:34.86 400m: 5:15.50 800m: 10:50.86			
15.	Brugman Serena	KAZS/21088/08	10:50.32	10:53.00 395
	100m: 1:14.32 200m: 2:36.26 400m: 5:21.07 800m: 10:53.00			
16.	Verspecht Lien	ZCK/22092/08	12:12.83	10:55.66 390
	100m: 1:13.73 200m: 2:35.48 400m: 5:20.66 800m: 10:55.66			
17.	Pillet Annelies	DDAT/21097/08	10:57.11	11:12.38 362
	100m: 1:16.12 200m: 2:40.74 400m: 5:31.95 800m: 11:12.38			
18.	Mahmoudi Eya	KLSVZ/21057/0	11:17.09	11:13.64 360
	100m: 1:16.79 200m: 2:40.60 400m: 5:31.74 800m: 11:13.64			
19.	Smets Danique	KLSVZ/21076/0	12:00.00	11:18.21 353
	100m: 1:20.11 200m: 2:46.53 400m: 5:38.46 800m: 11:18.21			
20.	Paredis Jill	ALZV/21124/07	11:26.87	11:34.20 329
	100m: 1:22.57 200m: 2:49.59 400m: 5:43.51 800m: 11:34.20			
21.	Jacobs Laurien	ZCK/22082/08	13:42.84	11:46.44 312
	100m: 1:23.46 200m: 2:52.21 400m: 5:52.82 800m: 11:46.44			

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang	Inschr.	Tijd	Pnt
22. De Witte Liesl	TRUST/21069/0	12:06.56	278
100m: 1:22.71	200m: 2:52.99	400m: 5:57.53	800m: 12:14.24
23. Union Margot	ZORO/21100/07	12:22.19	261
100m: 1:23.43	200m: 2:54.35	400m: 6:03.83	800m: 12:29.35
24. Van Gorp Clara	KLSVZ/21055/0	14:00.00	258
100m: 1:31.08	200m: 3:02.43	400m: 6:11.78	800m: 12:32.75
FF Vandervelpen Merel	FFTRUST/21082/0	10:30.00	

17 jaar en ouder

1. Puttaert Elien	DDAT/20319/04	10:04.69	503
100m: 1:11.73	200m: 2:26.70	400m: 4:58.52	800m: 10:02.67
2. Wouters Briana	KAZS/21151/06	10:09.16	499
100m: 1:08.77	200m: 2:22.28	400m: 4:51.51	800m: 10:04.23
3. Borremans Lotte	DDAT/21006/03	10:12.92	480
100m: 1:10.99	200m: 2:27.13	400m: 5:01.17	800m: 10:12.06
4. Trioen Joke	DDAT/20279/02	10:13.10	456
100m: 1:13.60	200m: 2:31.25	400m: 5:07.52	800m: 10:22.51
5. Chabeau Romane	SCWR/21024/0	10:35.37	440
100m: 1:14.73	200m: 2:35.36	400m: 5:15.86	800m: 10:30.19
6. Meyer Eline	TRUST/21044/0	11:00.00	411
100m: 1:15.61	200m: 2:35.88	400m: 5:16.90	800m: 10:44.37
7. Verwaest Fien	ZORO/21148/06	11:36.91	400
100m: 1:17.40	200m: 2:39.99	400m: 5:26.37	800m: 10:50.06
8. Janssens Jelena	DDAT/21075/05	11:19.09	325
100m: 1:21.49	200m: 2:47.93	400m: 5:43.46	800m: 11:37.17
FF Van Gorp Emma	FFKLSVZ/21049/0	11:11.90	

2 - zondag 29 oktober 2023

29/10/2023 - 14:00

Programmanr. 2
29/10/2023 - 14:00

400m vrije slag

9 - 10 jaar
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
9 - 10 jaar, Meisjes			
1. Van Roy Onah	ALZV/21139/13	5:47.04	331
100m: 1:21.63	200m: 2:49.17	400m: 5:38.12	
2. Deploige Felien	TRUST/21213/13	6:16.35	309
100m: 1:21.97	200m: 2:51.03	400m: 5:45.75	
3. Nuytkens Marie	ZCK/22113/13	6:43.19	251
100m: 1:28.49	200m: 3:04.64	400m: 6:10.46	
4. Aelbrecht Juliette	ZCK/22117/13	6:42.40	240
100m: 1:28.49	200m: 3:05.55	400m: 6:16.11	
5. Rosseel Janne	TRUST/21220/14	NT	233
100m: 1:29.40	200m: 3:06.40	400m: 6:19.65	
6. Verspecht Kaat	ZCK/22119/13	6:55.88	227
100m: 1:30.69	200m: 3:09.48	400m: 6:23.06	

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Programmanr. 2, Meisjes, 400m vrije slag, 9 - 10 jaar

Rang					Inscr.	Tijd	Pnt
7.	Petkova Sofia			SCZ/21100/13	7:22.18	6:24.22	225
	100m: 1:32.25	200m: 3:12.40	400m: 6:24.22				
8.	Biesemans Jana			ZIOS/21109/13	NT	6:28.81	217
	100m: 1:32.38	200m: 3:12.98	400m: 6:28.81				
9.	Devue Rosalie			KAZS/21141/13	7:13.02	6:35.42	207
	100m: 1:34.99	200m: 3:19.11	400m: 6:35.42				
10.	Moxhet Tess			DIZV/21133/13	7:34.09	6:47.91	188
	100m: 1:37.18	200m: 3:22.01	400m: 6:47.91				
11.	De Wilde Margot			DIZV/21131/13	7:36.66	6:49.80	185
	100m: 1:42.43	200m: 3:29.58	400m: 6:49.80				
12.	Schaerlaeken Noor			ZCK/42121/13	NT	7:21.90	148
	100m: 1:46.55	200m: 3:40.38	400m: 7:21.90				
13.	Kerckhofs Wouke			BEST/21148/13	NT	7:23.40	146
	100m: 1:48.38	200m: 3:41.96	400m: 7:23.40				
14.	Van Praet Fiona			DIZV/21140/13	NT	7:26.05	144
	100m: 1:39.58	200m: 3:35.66	400m: 7:26.05				
15.	Boudart Lucie			KLSVZ/21137/13	NT	7:36.33	134
	100m: 1:47.27	200m: 3:44.51	400m: 7:36.33				
16.	Struyf Marie			TRUST/21222/13	NT	8:14.18	106
	100m: 1:54.00	200m: 4:00.47	400m: 8:14.18				

9 - 10 jaar, Jongens

1.	Aerts Lenn			SCWR/11071/13	5:51.08	5:46.51	229
	100m: 1:21.19	200m: 2:50.35	400m: 5:46.51				
2.	Jacquemyns Kobe			DDAT/11137/13	5:53.47	5:51.98	219
	100m: 1:21.92	200m: 2:50.81	400m: 5:51.98				
3.	Ginkels Robbe			LAQUA/11571/14	NT	5:59.85	205
	100m: 1:27.38	200m: 2:58.87	400m: 5:59.85				
4.	Rooman Alexis			LAQUA/11538/13	NT	6:05.74	195
	100m: 1:28.06	200m: 3:04.17	400m: 6:05.74				
5.	Lemmens Luca			TRUST/11208/13	6:24.99	6:14.62	181
	100m: 1:29.10	200m: 3:05.91	400m: 6:14.62				
6.	Louckx Tim			SCWR/11068/14	6:57.20	6:44.55	144
	100m: 1:34.28	200m: 3:17.60	400m: 6:44.55				
7.	Feyaerts Jeroen			TRUST/11210/13	6:33.72	6:50.57	138
	100m: 1:38.57	200m: 3:23.42	400m: 6:50.57				
8.	Laenen Cid			KLSVZ/11123/13	NT	6:50.63	138
	100m: 1:38.45	200m: 3:25.66	400m: 6:50.63				
9.	Willems Robbe			KAZS/11167/13	NT	6:59.25	129
	100m: 1:42.23	200m: 3:30.03	400m: 6:59.25				
10.	De Mesmaeker Loann			DDAT/11149/13	7:06.59	7:03.32	126
	100m: 1:37.16	200m: 3:26.46	400m: 7:03.32				
11.	Gevers Nand			BEST/11154/13	NT	7:29.50	105
	100m: 1:44.96	200m: 3:40.02	400m: 7:29.50				
12.	Haezebrouck Thijs			DIZV/11139/13	NT	7:52.08	90
	100m: 1:49.12	200m: 3:50.47	400m: 7:52.08				
FF	Claes Tiebe			FFDDAT/11139/13	6:22.82		

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Programmanr. 3
29/10/2023 - 14:47

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Vanderlinden Roald	LAQUA/11441/121:10.91	20:20.48	334
100m: 1:15.84 200m: 2:36.71 400m: 5:21.30 800m: 10:51.12		1500m: 20:20.48	
2. Aerts Mads	SCWR/11056/11:21:38.38	20:39.56	318
100m: 1:19.24 200m: 2:41.45 400m: 5:27.03 800m: 11:02.59		1500m: 20:39.56	
3. Hallet Brent	STZ/11118/11 21:30.00	21:13.69	293
100m: 1:14.79 200m: 2:36.37 400m: 5:25.16 800m: 11:07.94		1500m: 21:13.69	
4. Vanstechelman Lucas	DDAT/11136/11 21:00.00	21:21.19	288
100m: 1:18.67 200m: 2:43.11 400m: 5:34.28 800m: 11:20.84		1500m: 21:21.19	
5. Wauters Sacha	SCWR/11062/11:23:29.07	21:37.40	278
100m: 1:22.02 200m: 2:48.25 400m: 5:43.76 800m: 11:33.07		1500m: 21:37.40	
6. Chabottier Largo	KLSVZ/11120/11:25:00.00	21:46.80	272
100m: 1:22.35 200m: 2:51.38 400m: 4:48.63 800m: 11:42.96		1500m: 21:46.80	
7. Van Den Broeck Tiebe	ZCK/12102/11 23:41.49	22:13.33	256
100m: 1:22.36 200m: 2:52.87 400m: 5:51.50 800m: 11:52.14		1500m: 22:13.33	
8. Nijs Bas	TRUST/11191/11:23:00.00	22:21.53	251
100m: 1:25.65 200m: 2:57.63 400m: 6:01.10 800m: 12:06.57		1500m: 22:21.53	
9. Tronckoe Kobe	DDAT/11131/11 21:30.00	22:39.91	241
100m: 1:21.83 200m: 2:51.19 400m: 5:52.10 800m: 12:00.44		1500m: 22:39.91	
10. Maertens Toon	ZCT/11140/12 23:00.00	22:40.31	241
100m: 1:26.65 200m: 2:57.61 400m: 6:01.30 800m: 12:07.60		1500m: 22:40.31	
11. Verheyen Stephen	ZCT/11139/11 23:00.00	22:58.21	232
100m: 1:29.27 200m: 3:03.21 400m: 6:06.39 800m: 12:17.80		1500m: 22:58.21	
12. Verbruggen Mats	KAZS/11101/11 22:00.00	23:02.44	229
100m: 1:30.22 200m: 3:03.25 400m: 6:08.37 800m: 12:16.02		1500m: 23:02.44	
13. Van Nooten Tijl	LAQUA/11489/123:15.00	23:12.08	225
100m: 1:26.23 200m: 2:55.55 400m: 6:02.55 800m: 12:26.66		1500m: 23:12.08	
14. Vranckx Boudewijn	LAQUA/11449/122:00.00	23:13.03	224
100m: 1:25.50 200m: 2:57.91 400m: 6:06.84 800m: 12:24.68		1500m: 23:13.03	
15. Haenen Colin	STZ/11125/11 21:30.00	23:19.62	221
100m: 1:28.84 200m: 3:04.01 400m: 6:15.72 800m: 12:43.95		1500m: 23:19.62	
16. Ratiu Matheo	ZCT/11146/12 23:00.00	23:51.59	207
100m: 1:28.71 200m: 3:01.57 400m: 6:12.31 800m: 12:40.21		1500m: 23:51.59	
17. Abouazar Pieter	STZ/11113/11 21:30.00	24:17.47	196
100m: 1:33.64 200m: 3:12.75 400m: 6:35.35 800m: 13:09.33		1500m: 24:17.47	
18. Jacri Thibault	KLSVZ/11127/11:25:00.00	24:20.75	194
100m: 1:31.78 200m: 3:08.00 400m: 6:21.50 800m: 12:51.82		1500m: 24:20.75	
19. Vanthuyne Wout	ALZV/11159/12 29:03.00	24:24.73	193
100m: 1:33.32 200m: 3:17.55 400m: 6:37.54 800m: 13:12.79		1500m: 24:24.73	
20. Carrasco Cuesta Luis	SCZ/11098/12 26:30.00	25:48.76	163
100m: 1:36.76 200m: 3:18.48 400m: 6:43.26 800m: 13:42.26		1500m: 25:48.76	
21. Baghdasaryan Ruben	ALZV/11158/11 30:00.00	26:07.90	157
100m: 1:35.37 200m: 3:18.54 400m: 6:47.22 800m: 13:50.00		1500m: 26:07.90	
22. Hermans Viktor	ALZV/11156/12 30:30.00	26:45.46	146
100m: 1:37.80 200m: 3:24.76 400m: 7:01.55 800m: 14:20.30		1500m: 26:45.46	

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Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang					Inschr.	Tijd	Pnt
23.	Maier Enzo				SCZ/11102/11	30:00.00	30:05.18 103
	100m:	1:45.28	200m:	3:41.96	400m:	7:44.96	800m: 16:00.96 1500m: 30:05.18
FF	Van Dyck Seth				FFZCT/11136/11	23:00.00	
FF	Desterke Jean-Baptiste				FFBEST/11151/12	25:45.00	
FF	Maclot Loïc				FFALZV/11154/12	30:30.00	
FF	Van Den Berghe Vince				FFALZV/11147/12	29:24.00	

13 - 14 jaar

1.	Lissens Tuur				LAQUA/11393/11	19:42.04	18:02.82 478
	100m:	1:07.92	200m:	2:20.56	400m:	4:47.21	800m: 9:41.23 1500m: 18:02.82
2.	Van Hoof Cobe				BEST/11118/10	19:00.00	18:33.18 440
	100m:	1:09.86	200m:	2:24.77	400m:	4:53.58	800m: 9:54.47 1500m: 18:33.18
3.	Moulaert Tiemo				DDAT/11130/09	18:30.00	18:51.57 419
	100m:	1:11.07	200m:	2:27.57	400m:	4:58.34	800m: 10:00.57 1500m: 18:51.57
4.	Decaluwé Georges				ZCT/11097/09	19:06.22	18:53.41 417
	100m:	1:12.47	200m:	2:28.60	400m:	4:58.44	800m: 10:04.12 1500m: 18:53.41
5.	Van Sintejan Romain				SCWR/11052/10	19:48.32	19:02.41 407
	100m:	1:10.09	200m:	2:26.26	400m:	4:56.76	800m: 10:02.79 1500m: 19:02.41
6.	Heuninck Miel				ZIOS/11097/10	19:55.00	19:16.41 392
	100m:	1:13.63	200m:	2:30.51	400m:	5:06.06	800m: 10:21.09 1500m: 19:16.41
7.	Geladi Bjorn				TRUST/11205/09	19:15.95	19:22.51 386
	100m:	1:11.77	200m:	2:28.51	400m:	5:03.33	800m: 10:18.53 1500m: 19:22.51
8.	Pasteels Einar				TRUST/11087/09	19:48.26	19:26.85 382
	100m:	1:10.14	200m:	2:25.87	400m:	5:00.03	800m: 10:18.45 1500m: 19:26.85
9.	Van Grunderbeeck Bas				ZCT/11110/09	21:15.57	19:33.37 375
	100m:	1:13.60	200m:	2:30.13	400m:	5:05.63	800m: 10:25.10 1500m: 19:33.37
10.	Vervloessem Frits				ZCT/11102/10	19:34.27	19:49.53 360
	100m:	1:17.53	200m:	2:38.06	400m:	5:19.18	800m: 10:42.21 1500m: 19:49.53
11.	Geens Dré				ZCT/11117/09	19:30.61	20:03.92 348
	100m:	1:15.98	200m:	2:35.91	400m:	5:14.71	800m: 10:35.58 1500m: 20:03.92
12.	Berlamont Daan				LAQUA/11535/12	22:40.00	20:07.75 344
	100m:	1:15.48	200m:	2:35.36	400m:	5:17.20	800m: 10:47.28 1500m: 20:07.75
13.	Willem Arthur				KAZS/11114/09	21:25.00	20:10.50 342
	100m:	1:19.75	200m:	2:44.41	400m:	5:30.68	800m: 10:57.00 1500m: 20:10.50
14.	De Witte Leo				KAZS/11102/10	21:20.00	20:14.11 339
	100m:	1:20.29	200m:	2:45.08	400m:	5:30.23	800m: 10:56.37 1500m: 20:14.11
15.	Dehaen Ferre				KLSVZ/11114/09	23:00.00	20:26.65 329
	100m:	1:17.22	200m:	2:39.33	400m:	5:23.22	800m: 10:50.79 1500m: 20:26.65
16.	Van Nooten Vic				LAQUA/11454/12	22:09.00	20:34.76 322
	100m:	1:17.23	200m:	2:41.24	400m:	5:28.88	800m: 11:03.13 1500m: 20:34.76
17.	Meremans Mathys				LAQUA/11407/12	22:03.30	20:35.01 322
	100m:	1:15.87	200m:	2:37.33	400m:	5:22.61	800m: 10:55.80 1500m: 20:35.01
18.	Slootmaekers Matteo				LAQUA/11387/12	21:57.81	20:38.57 319
	100m:	1:18.08	200m:	2:41.08	400m:	5:29.70	800m: 11:05.95 1500m: 20:38.57
19.	Slaets Cédric				ZCT/11091/09	20:44.85	20:41.15 317
	100m:	1:17.54	200m:	2:40.37	400m:	5:21.37	800m: 11:02.16 1500m: 20:41.15
20.	Mertens Sibbe				ZCT/11133/10	22:00.00	20:41.32 317
	100m:	1:21.04	200m:	2:45.46	400m:	5:34.39	800m: 11:08.85 1500m: 20:41.32

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Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inshr.	Tijd	Pnt
21.	Gypen Thomas				ZCT/11115/10 21:53.34	20:45.62	314
	100m: 1:20.87	200m: 2:43.90	400m: 5:32.47	800m: 11:06.19	1500m: 20:45.62		
22.	Spiritus Simon				TRUST/11165/10 23:24.87	21:00.61	303
	100m: 1:14.47	200m: 2:37.25	400m: 5:25.40	800m: 11:05.25	1500m: 21:00.61		
23.	Bobev Boyan				LAQUA/11400/12 22:30.00	21:06.16	299
	100m: 1:19.69	200m: 2:45.56	400m: 5:34.56	800m: 11:14.63	1500m: 21:06.16		
24.	Van Eeckhoudt Tuur				TRUST/11157/0 22:26.50	21:24.18	286
	100m: 1:18.25	200m: 2:42.00	400m: 5:30.00	800m: 11:16.33	1500m: 21:24.18		
25.	Volckaert Thomas				ZIOS/11106/10 23:00.00	21:29.70	283
	100m: 1:17.79	200m: 2:43.90	400m: 5:35.10	800m: 11:24.66	1500m: 21:29.70		
26.	Bas Briek				STZ/11115/10 22:35.89	21:33.20	280
	100m: 1:19.13	200m: 2:44.80	400m: 5:37.03	800m: 11:22.48	1500m: 21:33.20		
27.	Stumm Charles				LAQUA/11399/12 22:09.00	21:50.35	269
	100m: 1:23.11	200m: 2:50.13	400m: 5:47.80	800m: 11:42.00	1500m: 21:50.35		
28.	Wouters Thomas				BEST/11124/09 25:15.97	21:58.41	265
	100m: 1:22.62	200m: 2:53.62	400m: 5:52.30	800m: 11:56.16	1500m: 21:58.41		
29.	Van Houcke Quinten				ZIOS/11084/10 24:00.00	22:03.39	262
	100m: 1:22.05	200m: 2:49.84	400m: 5:47.83	800m: 11:49.44	1500m: 22:03.39		
30.	Flores Sébastien				KLSVZ/11115/0 25:00.00	22:03.74	261
	100m: 1:23.35	200m: 2:52.99	400m: 5:53.03	800m: 11:50.52	1500m: 22:03.74		
31.	Puttaert Arthur				DDAT/11111/10 21:35.00	22:04.64	261
	100m: 1:26.47	200m: 2:58.00	400m: 5:57.66	800m: 11:52.42	1500m: 22:04.64		
32.	Claes Elian				DDAT/11105/10 22:30.00	22:04.77	261
	100m: 1:21.74	200m: 2:50.95	400m: 5:51.14	800m: 11:48.68	1500m: 22:04.77		
33.	Adams Henry				DIZV/11117/10 30:00.00	22:29.57	247
	100m: 1:20.59	200m: 2:48.99	400m: 5:50.56	800m: 11:55.37	1500m: 22:29.57		
34.	De Haes Tibo				STZ/11112/10 24:03.80	22:42.18	240
	100m: 1:22.64	200m: 2:53.77	400m: 5:57.38	800m: 12:04.29	1500m: 22:42.18		
35.	Janssens Jaron				DDAT/11113/09 22:15.00	23:06.93	227
	100m: 1:23.13	200m: 2:54.45	400m: 6:00.63	800m: 12:16.34	1500m: 23:06.93		
36.	Vekeman Kwinte				STZ/11130/10 21:30.00	23:55.04	205
	100m: 1:24.48	200m: 2:57.06	400m: 6:10.35	800m: 12:36.22	1500m: 23:55.04		
37.	Van Praet Jules				DIZV/11096/10 32:00.00	23:55.61	205
	100m: 1:24.16	200m: 2:59.54	400m: 6:13.84	800m: 12:45.91	1500m: 23:55.61		
FF	Roovers Lucas				FFKAZS/11085/09 20:50.00		

15 - 16 jaar

1.	Volckaert Matthias				ZIOS/11067/08 17:30.00	17:10.68	554
	100m: 1:04.06	200m: 2:14.47	400m: 4:36.96	800m: 9:14.82	1500m: 17:10.68		
2.	Verroken Gerben				DDAT/11072/08 17:20.00	17:15.02	547
	100m: 1:05.41	200m: 2:15.16	400m: 4:36.91	800m: 9:15.26	1500m: 17:15.02		
3.	De Backer Bjorn				ZIOS/11045/07 18:30.00	17:32.23	521
	100m: 1:07.45	200m: 2:18.13	400m: 4:40.13	800m: 9:22.95	1500m: 17:32.23		
4.	Vets Siebe				KAZS/11065/08 18:24.63	18:00.35	481
	100m: 1:06.56	200m: 2:18.12	400m: 4:40.86	800m: 9:29.61	1500m: 18:00.35		
5.	Raes Dries				KAZS/11182/07 17:30.00	18:08.45	471
	100m: 1:06.35	200m: 2:17.63	400m: 4:41.56	800m: 9:35.81	1500m: 18:08.45		
6.	Rombouts Leonard				SCZ/11092/07 19:47.00	18:11.48	467
	100m: 1:06.71	200m: 2:18.63	400m: 4:42.10	800m: 9:40.30	1500m: 18:11.48		

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Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inscr.	Tijd	Pnt
7.	Van der Borgh Floris				ZCT/11072/08 18:20.20	18:15.55	461
	100m: 1:11.93	200m: 2:26.32	400m: 4:52.65	800m: 9:44.48	1500m: 18:15.55		
8.	Pelgrims Lowie				ZCT/11073/08 18:34.19	18:18.27	458
	100m: 1:11.13	200m: 2:24.95	400m: 4:51.91	800m: 9:46.11	1500m: 18:18.27		
9.	Chafwehe Théo				KLSVZ/11140/08 19:41.00	18:37.33	435
	100m: 1:10.22	200m: 2:25.47	400m: 4:56.72	800m: 9:55.75	1500m: 18:37.33		
10.	Persoons Emiel				ZIOS/11078/08 19:40.00	18:40.02	432
	100m: 1:12.96	200m: 2:27.89	400m: 5:00.23	800m: 10:00.29	1500m: 18:40.02		
11.	De Peyper Noah				ZIOS/11070/08 19:00.00	19:00.38	409
	100m: 1:09.64	200m: 2:25.09	400m: 4:57.92	800m: 10:04.96	1500m: 19:00.38		
12.	Stappaerts Jari				KAZS/11187/08 18:45.00	19:17.03	392
	100m: 1:11.63	200m: 2:28.87	400m: 5:01.95	800m: 10:10.70	1500m: 19:17.03		
13.	Delimont Arnaud				TRUST/11092/08 19:11.89	19:29.73	379
	100m: 1:09.80	200m: 2:26.19	400m: 4:59.73	800m: 10:16.41	1500m: 19:29.73		
14.	Eugene Felix				ZORO/11114/07 19:30.00	19:36.92	372
	100m: 1:13.99	200m: 2:33.10	400m: 5:10.81	800m: 10:28.45	1500m: 19:36.92		
15.	Maes Yoran				TRUST/11156/08 18:56.13	19:37.01	372
	100m: 1:10.92	200m: 2:28.64	400m: 5:07.15	800m: 10:24.23	1500m: 19:37.01		
16.	Geens Thibaut				ZCK/12035/07 20:17.92	19:37.98	371
	100m: 1:12.96	200m: 2:30.50	400m: 5:04.73	800m: 10:21.23	1500m: 19:37.98		
17.	De Wilde Daan				DDAT/11054/08 19:30.00	19:46.07	364
	100m: 1:11.25	200m: 2:29.54	400m: 5:06.07	800m: 10:23.25	1500m: 19:46.07		
18.	Cornelissen Lars				ALZV/11116/08 20:20.92	19:50.44	360
	100m: 1:13.12	200m: 2:30.44	400m: 5:03.05	800m: 10:17.87	1500m: 19:50.44		
19.	Wouters Hannes				KAZS/11077/08 20:45.00	20:10.34	342
	100m: 1:16.66	200m: 2:37.19	400m: 5:17.41	800m: 10:41.38	1500m: 20:10.34		
20.	Peersman Niel				ALZV/11078/07 22:32.59	20:11.48	341
	100m: 1:14.36	200m: 2:34.17	400m: 5:19.34	800m: 10:47.66	1500m: 20:11.48		
21.	Mikolajuk Adrian				ALZV/11123/08 21:18.81	22:42.49	240
	100m: 1:12.78	200m: 3:13.84	400m: 5:24.46	800m: 11:42.21	1500m: 22:42.49		
FF	Bernath Benjamin				FFKAZS/11071/07 18:00.00		
FF	Baghdasaryan Gevorg				FFALZV/11120/08 20:48.87		

17 jaar en ouder

1.	Van Boxstael Berend				KLSVZ/11044/08 19:41.09	18:38.30	434
	100m: 1:12.14	200m: 2:26.36	400m: 4:56.49	800m: 9:59.22	1500m: 18:38.30		
2.	Paoletti Luca Giorgio				SCWR/11072/08 16:45.22	19:13.27	395
	100m: 1:04.98	200m: 2:14.92	400m: 4:37.62	800m: 9:46.75	1500m: 19:13.27		
3.	Mees Brent				SCZ/10173/03 18:30.00	19:18.38	390
	100m: 1:15.44	200m: 2:31.21	400m: 5:05.53	800m: 10:17.63	1500m: 19:18.38		
4.	Callewaert Lucas				ZORO/11137/06 22:00.00	21:49.87	270
	100m: 1:16.20	200m: 2:40.17	400m: 5:32.10	800m: 11:26.10	1500m: 21:49.87		

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

3 - woensdag 1 november 2023

1/11/2023 - 9:30

Programmanr. 4
1/11/2023 - 9:30

Heren, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inshr.	Tijd	Pnt
11 - 12 jaar			
1. Vanderlinden Roald	LAQUA/11441/11	10:46.95	10:34.35 341
100m: 1:16.85 200m: 2:37.31 400m: 5:18.25 800m: 10:34.35			
2. Aerts Mads	SCWR/11056/11	10:45.21	10:49.56 318
100m: 1:16.46 200m: 2:37.43 400m: 5:20.04 800m: 10:49.56			
3. Vanstechelman Lucas	DDAT/11136/11	10:57.53	10:56.78 307
100m: 1:12.57 200m: 2:35.85 400m: 5:25.71 800m: 10:56.78			
4. Dumon Ilan	LAQUA/11452/11	12:03.00	11:10.17 289
100m: 1:17.87 200m: 2:42.72 400m: 5:34.05 800m: 11:10.17			
5. Spadea Mattia	LAQUA/11461/11	12:04.00	11:19.33 278
100m: 1:21.40 200m: 2:48.76 400m: 5:40.24 800m: 11:19.33			
6. Wauters Sacha	SCWR/11062/11	11:17.08	11:22.80 273
100m: 1:18.70 200m: 2:44.83 400m: 5:37.47 800m: 11:22.80			
7. Tronckoe Kobe	DDAT/11131/11	11:20.00	11:36.91 257
100m: 1:19.28 200m: 2:46.59 400m: 5:45.41 800m: 11:36.91			
8. Vanderborght Milan	SCZ/11086/11	13:06.28	11:36.98 257
100m: 1:22.03 200m: 2:50.78 400m: 5:51.32 800m: 11:36.98			
9. Vranckx Boudewijn	LAQUA/11449/11	11:31.00	11:37.17 257
100m: 1:22.07 200m: 2:50.73 400m: 5:49.94 800m: 11:37.17			
10. Schepens Toor	ZCT/11149/12	12:30.00	12:32.74 204
100m: 1:27.70 200m: 3:03.77 400m: 6:15.70 800m: 12:32.74			
11. Rockelé Lowie	ZCT/11157/12	13:00.00	12:41.61 197
100m: 1:27.88 200m: 3:04.09 400m: 6:25.57 800m: 12:41.61			
12. Wysgeer Lennart	ZCT/11150/12	13:10.00	13:22.98 168
100m: 1:37.45 200m: 3:19.48 400m: 6:42.91 800m: 13:22.98			
13. Mertens Lander	ZCT/11156/12	13:10.00	13:41.98 156
100m: 1:36.53 200m: 3:19.32 400m: 6:48.98 800m: 13:41.98			
14. Peeters Kobe	DIZV/11122/11	16:58.00	13:43.46 156
100m: 1:34.57 200m: 3:17.09 400m: 6:48.75 800m: 13:43.46			
15. De Peyper Mats	ZIOS/11113/11	13:32.00	14:25.09 134
100m: 1:33.76 200m: 3:21.17 400m: 7:01.14 800m: 14:25.09			
16. Van Den Brande Lucas	ZCK/12108/11	15:00.00	14:38.95 128
100m: 1:40.61 200m: 3:33.28 400m: 7:21.15 800m: 14:38.95			
17. Walt Niel Bavo	ZIOS/11110/12	15:46.00	15:50.73 101
100m: 1:48.77 200m: 3:52.47 400m: 8:04.44 800m: 15:50.73			
13 - 14 jaar			
1. Moulaert Tiemo	DDAT/11130/09	9:45.00	9:32.21 465
100m: 1:08.10 200m: 2:22.06 400m: 4:48.45 800m: 9:32.21			
2. Lissens Tuur	LAQUA/11393/11	10:21.14	9:37.70 452
100m: 1:07.30 200m: 2:18.95 400m: 4:45.77 800m: 9:37.70			
3. Van Sintejan Romain	SCWR/11052/11	10:39.44	9:54.66 414
100m: 1:09.26 200m: 2:23.79 400m: 4:51.47 800m: 9:54.66			

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

Programmanr. 4, Jongens, 800m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt
4.	Bakx Warre				ZCK/12095/10	11:13.66	10:14.06 376
	100m:	1:09.81	200m:	2:52.63	400m:	5:01.31	800m: 10:14.06
5.	Zouhri Amir				LAQUA/11477/11	11:06.16	10:20.63 364
	100m:	1:12.55	200m:	2:31.45	400m:	5:09.72	800m: 10:20.63
6.	Meremans Mathys				LAQUA/11407/11	11:44.90	10:24.62 357
	100m:	1:10.07	200m:	2:29.61	400m:	5:07.69	800m: 10:24.62
7.	Berlamont Daan				LAQUA/11535/11	12:06.00	10:29.51 349
	100m:	1:12.63	200m:	2:32.87	400m:	5:14.81	800m: 10:29.51
8.	Slootmaekers Matteo				LAQUA/11387/11	11:34.08	10:36.43 338
	100m:	1:15.47	200m:	2:35.85	400m:	5:18.21	800m: 10:36.43
9.	De Backer Brent				ZIOS/11101/10	11:00.00	10:50.55 316
	100m:	1:16.41	200m:	2:38.84	400m:	5:26.53	800m: 10:50.55
10.	Bobev Boyan				LAQUA/11400/11	11:46.00	10:52.17 314
	100m:	1:15.37	200m:	2:37.06	400m:	5:24.64	800m: 10:52.17
11.	Waltniel Nand				ZIOS/11085/10	12:00.00	11:34.83 259
	100m:	1:15.66	200m:	2:45.31	400m:	5:45.66	800m: 11:34.83
12.	Coppens Jack				SCZ/11081/10	12:32.25	11:36.69 257
	100m:	1:19.68	200m:	2:47.83	400m:	5:46.37	800m: 11:36.69
13.	Claes Elian				DDAT/11105/10	11:50.85	11:37.47 256
	100m:	1:22.32	200m:	2:50.56	400m:	5:47.59	800m: 11:37.47
14.	Hebbelinck Ruben				ZORO/11166/09	12:00.00	11:38.66 255
	100m:	1:16.29	200m:	2:45.52	400m:	5:46.18	800m: 11:38.66
15.	Janssens Jaron				DDAT/11113/09	11:44.00	11:55.87 237
	100m:	1:22.63	200m:	2:52.63	400m:	5:54.33	800m: 11:55.87
16.	Verherstraeten Kobe				DIZV/11104/10	14:31.99	12:21.74 213
	100m:	1:24.42	200m:	2:56.76	400m:	6:05.32	800m: 12:21.74
17.	Verspecht Kobe				ZCK/12109/10	14:30.00	13:05.45 179
	100m:	1:27.83	200m:	3:06.99	400m:	6:28.31	800m: 13:05.45
18.	Van Loon Bas				ZCK/12122/10	15:00.00	14:53.66 122
	100m:	1:39.02	200m:	3:30.19	400m:	7:22.44	800m: 14:53.66

15 - 16 jaar

1.	Spadea Tommaso				LAQUA/11260/08	9:05.48	8:46.53 597
	100m:	1:01.86	200m:	2:07.61	400m:	4:20.18	800m: 8:46.53
2.	De Backer Bjorn				ZIOS/11045/07	9:05.00	9:16.25 506
	100m:	1:04.90	200m:	2:14.00	400m:	4:39.27	800m: 9:16.25
3.	Van der Borghst Floris				ZCT/11072/08	9:40.00	9:25.88 481
	100m:	1:08.34	200m:	2:21.53	400m:	4:45.88	800m: 9:25.88
4.	Pelgrims Lowie				ZCT/11073/08	9:40.00	9:32.21 465
	100m:	1:08.11	200m:	2:21.86	400m:	4:47.64	800m: 9:32.21
5.	Persoons Emiel				ZIOS/11078/08	10:25.00	9:41.67 443
	100m:	1:08.56	200m:	2:22.09	400m:	4:49.97	800m: 9:41.67
6.	Seghers Michiel				DDAT/11098/07	9:50.35	9:41.93 442
	100m:	1:07.03	200m:	2:21.25	400m:	4:47.65	800m: 9:41.93
7.	De Peyper Noah				ZIOS/11070/08	9:30.00	9:52.98 418
	100m:	1:05.16	200m:	2:21.06	400m:	4:49.41	800m: 9:52.98
8.	Cornelissen Lars				ALZV/11116/08	10:49.68	9:57.67 408
	100m:	1:08.68	200m:	2:21.55	400m:	4:49.55	800m: 9:57.67

PK Lange Afstand 2023
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Programmanr. 4, Jongens, 800m vrije slag, 15 - 16 jaar

Rang					Inschr.	Tijd	Pnt
9.	Robberechts Robbe				ALZV/11062/07	10:13.70	10:07.50 388
	100m:	1:12.81	200m:	2:30.28	400m:	5:06.53	800m: 10:07.50
10.	Peersman Niel				ALZV/11078/07	11:57.69	10:12.53 379
	100m:	1:09.31	200m:	2:27.39	400m:	5:05.09	800m: 10:12.53
11.	Mikolajuk Adrian				ALZV/11123/08	10:55.06	10:32.49 344
	100m:	1:10.60	200m:	2:26.20	400m:	5:05.63	800m: 10:32.49
12.	Bogaerts Neo				SCZ/11041/08	10:55.95	10:41.35 330
	100m:	1:12.45	200m:	2:31.27	400m:	5:12.63	800m: 10:41.35
13.	Verheyen Milo				ZORO/11147/07	12:15.00	11:47.17 246
	100m:	1:18.73	200m:	2:47.66	400m:	5:49.19	800m: 11:47.17
14.	Gillijns Cedrik				ZORO/11170/07	11:45.00	11:57.78 235
	100m:	1:18.43	200m:	2:48.04	400m:	5:52.89	800m: 11:57.78
FF	Hamdaoui Walid				FFDIZV/11132/08	14:05.00	

17 jaar en ouder

1.	Paoletti Luca Giorgio				SCWR/11072/00	9:22.83	9:01.38 549
	100m:	1:01.04	200m:	2:06.52	400m:	4:21.41	800m: 9:01.38
2.	Mees Ruben				SCZ/11023/06	9:27.55	9:43.93 437
	100m:	1:05.06	200m:	2:16.75	400m:	4:44.35	800m: 9:43.93
3.	Pillet Brecht				DDAT/11017/04	9:54.87	10:10.55 383
	100m:	1:08.13	200m:	2:22.73	400m:	4:59.63	800m: 10:10.55
4.	van der Poel Milo				SCZ/11070/06	10:31.19	10:24.52 357
	100m:	1:09.60	200m:	2:25.60	400m:	5:05.03	800m: 10:24.52
5.	Bogaerts Michel				SCZ/10008/75	11:15.33	10:56.78 307
	100m:	1:12.75	200m:	2:32.75	400m:	5:18.75	800m: 10:56.78

4 - woensdag 1 november 2023

1/11/2023 - 14:00

Programmanr. 5
1/11/2023 - 14:00

400m vrije slag

9 - 10 jaar
Resultaten

Punten: FINA 2022

Rang					Inschr.	Tijd	Pnt
9 - 10 jaar, Jongens							
1.	Beuselinck Liam				SCWR/11070/14	6:18.69	6:18.28 176
	100m:	1:27.75	200m:	3:04.89	400m:	6:18.28	
2.	Anslot Sacha				SCWR/11069/13	6:46.34	6:39.75 149
	100m:	1:34.79	200m:	3:17.55	400m:	6:39.75	

PK Lange Afstand 2023
Meise, 29/10 - 1/11/2023

Programmanr. 6
1/11/2023 - 14:07

Dames, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Thys Lena	KAZS/21098/11 21:38.00	20:14.25	432
100m: 1:18.54 200m: 2:41.00 400m: 5:26.22 800m: 10:55.39		1500m: 20:14.25	
2. Touquet Eline	SCWR/21061/1223:30.02	21:51.71	342
100m: 1:23.54 400m: 5:44.37 800m: 11:33.84 1500m: 21:51.71			
3. Nsubuga Sofia	ALZV/21133/11 24:09.89	22:20.91	320
100m: 1:22.20 200m: 2:50.00 400m: 5:46.93 800m: 11:50.68		1500m: 22:20.91	
4. Brams Ann-Sophie	ALZV/21149/11 29:36.00	26:48.54	185
100m: 1:37.65 200m: 3:23.79 400m: 6:57.26 800m: 14:12.09		1500m: 26:48.54	

13 - 14 jaar

1. Adelman Clara Cenxi	LAQUA/21382/119:45.00	18:30.47	564
100m: 1:11.60 200m: 2:27.69 400m: 4:58.39 800m: 9:55.33		1500m: 18:30.47	
2. Dalemans Lyn	ZCK/22065/09 19:24.65	18:50.51	535
100m: 1:09.84 200m: 2:24.45 400m: 4:55.00 800m: 9:58.42		1500m: 18:50.51	
3. De Backer Birgit	ZIOS/21066/09 19:50.00	18:56.99	526
100m: 1:11.74 200m: 2:26.78 400m: 4:58.96 800m: 10:05.34		1500m: 18:56.99	
4. Verspecht Lizanne	ZCK/22096/09 19:54.85	19:32.14	480
100m: 1:11.03 200m: 2:25.95 400m: 4:58.79 800m: 10:06.39		1500m: 19:32.14	
5. Vedernikova Vera	SCWR/21054/120:35.06	19:57.86	450
100m: 1:13.72 200m: 2:32.27 400m: 5:12.08 800m: 10:34.49		1500m: 19:57.86	
6. Barragan Nena	DDAT/21123/10 20:00.00	20:05.00	442
100m: 1:18.27 200m: 2:39.63 400m: 5:22.54 800m: 10:44.09		1500m: 20:05.00	
7. Kint Ruhne	ALZV/21119/09 21:22.05	20:22.54	423
100m: 1:16.04 200m: 2:37.90 800m: 10:53.35 1500m: 20:22.54			
8. Van Der Meeren Lotte	DDAT/21118/10 19:45.00	20:33.09	412
100m: 1:16.84 200m: 2:38.71 400m: 5:23.07 800m: 10:52.28		1500m: 20:33.09	
9. Louckx Célie	SCWR/21053/122:25.07	21:03.68	383
100m: 1:18.68 200m: 2:42.30 400m: 5:30.59 800m: 11:10.22		1500m: 21:03.68	
10. Touquet Laura	SCWR/21038/020:41.91	21:08.03	379
100m: 1:16.33 200m: 2:38.25 400m: 5:23.75 800m: 11:03.15		1500m: 21:08.03	
11. Derijcke Laura	DIZV/21111/10 29:46.50	22:14.87	325
100m: 1:20.99 200m: 2:49.34 400m: 5:50.05 800m: 11:51.18		1500m: 22:14.87	
12. Landrieu Nora	ZIOS/21100/10 23:30.00	23:31.50	275
100m: 1:28.50 200m: 3:05.40 400m: 6:18.68 800m: 12:45.68		1500m: 23:31.50	
13. Van Camberg Elena	DDAT/21119/10 24:15.00	24:04.74	256
100m: 1:30.52 200m: 3:06.56 400m: 6:21.13 800m: 12:49.85		1500m: 24:04.74	

15 - 16 jaar

1. Vedernikova Marina	SCWR/21044/018:26.03	18:00.86	612
100m: 1:07.68 200m: 2:19.58 400m: 4:43.83 800m: 9:33.18		1500m: 18:00.86	
2. Budnak Carolina	SCWR/21042/020:06.07	19:15.05	502
100m: 1:11.09 200m: 2:26.22 400m: 4:59.94 800m: 10:10.41		1500m: 19:15.05	
3. Jacobs Laurien	ZCK/22082/08 26:00.00	22:44.42	304
100m: 1:19.24 200m: 2:46.03 400m: 5:49.36 800m: 11:57.99		1500m: 22:44.42	

Programmanr. 6, Dames, 1500m vrije slag

17 jaar en ouder

1.	Trioen Joke				DDAT/20279/02 19:20.00	19:26.21	487			
	100m:	1:12.40	200m:	2:29.75	400m:	5:04.89	800m:	10:17.52	1500m:	19:26.21
2.	Janssens Jelena				DDAT/21075/05 22:01.51	22:16.26	324			
	100m:	1:21.94	200m:	2:50.69	400m:	5:51.22	800m:	11:50.69	1500m:	22:16.26